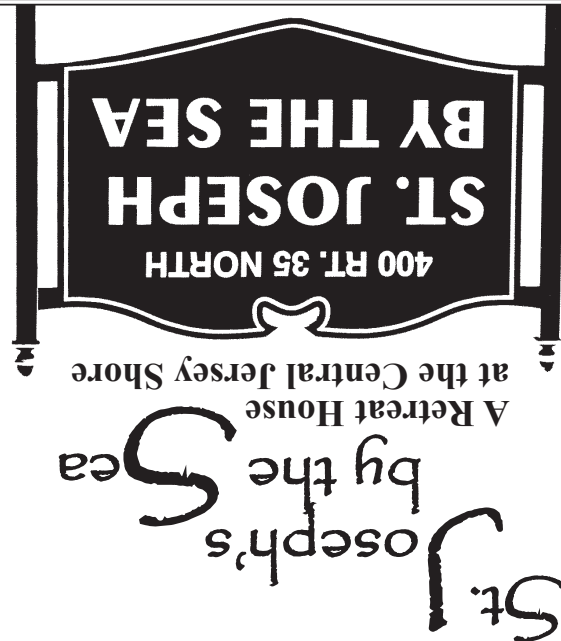


**St. Joseph
by the Sea**
400 Route 35 North
South Mantoloking, NJ 08738-1309
2006-2007

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
TOMS RIVER, NJ
PERMIT #77

Directions to our Retreat House
Garden State Parkway (GSP) South:
♦ Take exit 98 to Rte 35 South
♦ Follow Rte 35 S. through one traffic circle
♦ Follow signs for Rte 35S- Seaside Heights,
Pt. Pleasant, Continue thru Pt. Pleasant,
Bay Head, Mantoloking
♦ Rte. 35 divides. Continue for 1.7 miles
♦ Turn left at Our Lady of Peace Church- 7th
Avenue
♦ Turn left onto Rte. 35 North, St. Joseph by the
Sea is 1/2 mile on the right, past Ocean Club
Condos.
Garden State Parkway (GSP) North:
♦ Take exit 82 to Rte. 37 E
♦ After bridge follow 35 N and Pt. Pleasant signs.
♦ Go past Ocean Club Condos
♦ St. Joseph by the Sea is on the right (#400)
From the West:
♦ Take 195 East to Rte. 34 South
♦ Follow directions above, south from GSP

732.892.8494 ♦ www.sjbssea.org
sjbssea@comcast.net



SEPTEMBER

6 WOMEN ON THE JOURNEY SERIES A Women's Prayer/Discussion Group.

This popular program explores spirituality for women ages 40+. Its aim is to offer insight, education and shared experiences. This year the book chosen is: *HABITS OF THE SOUL - Learning to live on Purpose* by Linda Perrone Rooney. It is published by Twenty-Third Publication and copies will be available for purchase at the first session.

Session I: Sept. 6,20,27, Oct. 4,18
Session II: Nov. 1,8,15,29, Dec. 6
Session III: Jan. 3,10,17,24,31
Session IV: March 7,14,21,28, April 4
Session V: May 2,9,23,30

Time: 1:30 to 3:30 p.m. **Cost: \$10 per session**
Presenter: Pat Stephens **\$45 for 5 sessions**

11 - 17 BREATH OF GOD: A SILENT RETREAT

Come to the Jersey shore to encounter your God and breathe in the silent atmosphere of a directed retreat. A six-day Private Retreat also may be made at this time. Supper will be served at 5:30 p.m. Please note change in arrival time.

Arrival: 4 - 5:00 pm **Departure: 10:00 am**
Staff and Visiting Directors **Cost: \$325**

22- 24 RETREAT FOR WOMEN IN AA/ALANON-I

In an atmosphere of quiet, this retreat weekend will offer conferences, faith-sharing, time for reflections and prayer experiences aimed at facilitating the retreatant's conscious contact with God.

Arrival: 7:00 pm **Departure: 1:00 pm**
Presenter: Sr. Brunilda Ramos, MPF **Cost: \$165**

OCTOBER

6-12 AUTUMN SILENT DAYS OF PRAYER

Those desiring time alone with their God in the silent mystery of Autumn at the shore may come for a 6 day silent

retreat, private or directed. If rooms are available, a week-end silent retreat also may be made at this time.

Arrival: 4:00 pm **Departure: 10a.m. (6 day) 1 p.m. W/E**
Staff and Visiting Directors **Cost: \$325 (\$160 W/E)**

13-15 AUTUMN STILLNESS BY THE SEA "A TAI CHI CHIH Experience"

Come to a weekend during which you will experience a variety of prayer forms that will help integrate body, mind and spirit. Participants will learn and practice several Tai Chi Chih moves which will be enhanced with other prayer forms, reflections and free time for processing. No previous experience in TCC is needed.

Arrival: 6:30 p.m. **Departure: 2:30 p.m.**
Presenter: Geraldine Contento, MPF **Cost: \$160**
Accredited Tai Chi Chih Instructor

20 - 22 GIFT FROM THE SEA - A Prayer Weekend

Based on Anne Morrow Lindbergh's classic book, this weekend will provide women with time to explore insights about wholeness, balance of life, work, and relationships, and freedom for spiritual growth. We will focus contemplatively on life, and share reflection, prayer, dialogue and celebration. Copies of Gift From the Sea will be available for purchase.

Arrival: 7:00 p.m. **Departure: 1:00 p.m.**
Presenter: Sr. Corita Clarke, RDC **Cost: \$165**

28 PARABLES BY THE SEA

During His life, Jesus frequently went to the sea to be refreshed, to commune with God. This day of prayer, in our own setting by the sea, offers a scriptural reflections on the lessons that Jesus continues to impart to us from our contact with the sea.

Arrival: 9:30 a.m. **Departure: 2:30 p.m.**
Presenter: Rev. Anthony DiPalma **Cost: \$30**

NOVEMBER

2 PRAYING FOR AND WITH OUR LOVED ONES

An evening of prayer and reflection on the lives of those who have greatly influenced us and are now resting in the Lord. Participants are asked to bring a photo of their loved one to remember on this feast of ALL SOULS.

Arrival: 7 p.m. **Departure: 9 p.m.**
Cost: \$10 **Presenter: Pat Stephens**

3-5 PASSION FOR LIFE WORKSHOP

The noted authors-founders and directors: Dr. Anne Brennan, CSJ, and Dr. Janice Brewi, CSJ, have introduced their new Passion for Life Workshop. It combines the Mid-Life Directions and the Long Life Directions for people ages 40-85+. Come and renew your passion for life with this personal and spiritual growth workshop!

Arrival: 7 p.m. **Departure: 1 p.m.**
Presenters: Dr. Anne Brennan, CSJ **Cost: \$190**
Dr. Janice Brewi, CSJ

10 - 12 CIRCLE OF LIFE WORKSHOP

Seeking God within, join with other women as we look at "Four Moments in Every Women's Life" that come to us again and again...Loss, Change, Transformation, Fulfillment. The retreat facilitators, Paulette Cicero and Gail Mertz are certified spiritual directors and conduct retreats and days of spirituality for women.

Arrival: 7 p.m. **Departure: 1 p.m.**
Presenters: Paulette Cicero, Gail Mertz **Cost \$180**

DECEMBER

1-3 ADVENT SILENT WEEKEND

In December stillness this weekend provides a time away to listen to Isaiah's dream, awaiting the birth of God's anointed one. This silent retreat offers time for reflection and Eucharist. Supper will be served at 5:30 pm.

Arrival: 4 p.m. **Departure: 10 a.m.**
Presenter: Rev. Anthony DiPalma **Cost: \$150**

OFFICE
USE ONLY
Deposit Paid _____
Check # _____
Date Paid _____

ST. JOSEPH BY THE SEA REGISTRATION FORM

NAME: _____ PHONE: HOME _____ WORK _____
EMAIL: _____
STREET: _____
CITY: _____ STATE: _____ ZIP: _____
PROGRAM: DIRECTED PRIVATE DATE: _____
MAIL REGISTRATION TO: Saint Joseph by the Sea ♦ 400 Route 35 N ♦ South Mantoloking, NJ 08738

ENCLOSED IS MY NON REFUNDABLE DEPOSIT OF \$30.00 () OTHER: _____ All deposits will be credited to the total cost.
YOUR CANCELLED CHECK WILL BE YOUR RECEIPT. Please make checks payable to: St. Joseph's by the Sea.

6 O'COME EMMANUEL - AN ADVENT EVENING

Come and be quiet at the scene of the Nativity. Each "figure" is discussed in light of their impact on us today. Participants reflect quietly and have time for private prayer. A light supper is served.

Arrival: 5 p.m. **Departure: 8:30 p.m.**
Presenter: Pat Stephens **Cost: \$15**

7 ADVENT EVENING OF REFLECTION FOR RELIGIOUS

This popular evening of reflection includes a conference, reconciliation service, dinner and concludes with Liturgy.

Arrival: 4:15 p.m. **Departure: 8:15 p.m.**
Presenter: Msgr. Casimir Ladzinski **Cost: \$15**

9 AN ADVENT DAY OF PRAYER...

with author and renowned storyteller Rev. William Bausch. His several presentations will greatly deepen your appreciation of this holy season. The day will include time for reflection, lunch, and Liturgy. Please note: In order to permit more people to attend this popular day of prayer, the event will be held at St. Bonaventure Parish Center in Lavallette. Lunch is provided.

Arrival: 9:30 a.m. **Departure: 3:00 p.m.**
Presenter: Rev. William Bausch **Cost: \$30**

11 "QUIET BY THE FIRESIDE"

This evening will provide the busy person an opportunity to contemplate Jesus, the Incarnate Word, through reflection in a quiet and prayerful environment.

Arrival: 7 p.m. **Departure: 9:30 p.m.**
Presenters: Rev. Anthony DiPalma & Sr. Frances Lauretti, MPF **Donation**

14 GRIEVING THE DEATH OF A LOVED ONE... (NEW)

as we near the Christmas holidays. Are you dreading the approaching holidays as you remember the loss of a loved one? Whether months, a year or many years have passed since you have experienced a loss, this spirituality day at the Jersey Shore will offer you concrete ways in which you can

22 A LENTEN DAY OF PRAYER...

with author and renowned storyteller Rev. William Bausch. His several presentations will greatly deepen your appreciation of this holy season. The day will include time for reflection, lunch, and Liturgy. Please note: In order to permit more people to attend this popular day of prayer, the event will be held at St. Bonaventure Parish Center in Lavallette. Lunch will be provided.

Arrival: 9:30 a.m. **Departure: 3:00 p.m.**
Presenter: Rev. William Bausch **Cost:\$30**

23 - 25 FULLY - ALIVE

A Long Life Directions Workshop I

Discover the immense possibilities for personal and spiritual growth for the 60-70-80+ years. Authors and International Facilitators will guide this dynamic but non-threatening exploration of a growth-producing spirituality for our senior years.

Arrival: 7:00 p.m. **Departure: 1:00 p.m.**
Presenter: Dr. Anne Brennan, CSJ **Cost:\$190**
Dr. Janice Brewi, CSJ

30 - APRIL 1 JOURNEY TO THE CROSS WITH MARY...

A Women's Lenten Retreat (NEW)

Come together to experience a prayerful Lenten conversion as We Walk the Way of the Cross Through the Eyes of Mary, the Mother of Jesus. This retreat offers time for reflection and walks on the beach. Please bring a journal.

Arrival: 7:00 p.m. **Departure:1:00 p.m.**
Presenters: Paulette Cicero, Gail Mertz **Cost:\$180**

N.B. THE RETREAT HOUSE IS CLOSED FROM APRIL 5 - 15, 2007.

APRIL

28 OUR FRIENDSHIP WITH ST. THERESE THE LITTLE FLOWER

Explore the blessing and art of friendship through the life of the Little Flower in her heavenly and earthly relationships. Together we can search our memory boxes of friendships with some saintly assistance.

better understand the bereavement process and its application to your personal life. Sr. Josephine Calo, MPF, our presenter, has over 20 years of experience in pastoral care and in establishing parish bereavement groups.

Time: 9:30 a.m. - 2:30 p.m. **Cost: \$25**

15 DESERT DAY (NEW)

If you haven't had a chance to prepare for the birth of Christ on Christmas Day, this day of solitude will be an opportunity to do so. There will be no formal conferences and the retreatant is invited to spend the day alone with their God. A light lunch will be provided.

Time: 9:00 a.m. -3:00 p.m.

N.B. THE RETREAT HOUSE IS CLOSED FROM DECEMBER 18 THROUGH JANUARY 2, 2007.

JANUARY

3, 10, 17, 24, 31 WOMEN ON THE JOURNEY SERIES (See description of Sept. 6)

FEBRUARY

9-15 "COME TO THE QUIET"

Come and experience the shore in all its winter beauty! These days have been set aside for those desiring time alone with their God in a silent atmosphere. They may be spent as a six day directed or private retreat or as a weekend, if space is available. Supper served at 5:30 p.m.

Arrival:4-5 p.m.**Departure:10 a.m. (6 day) 1 p.m. W/E**
Staff and Visiting Directors **Cost: \$325 (\$160 W/E)**

MARCH

1 LENTEN EVENING OF PRAYER FOR RELIGIOUS

Religious will welcome this evening of reflection during the season of Lent. Included are a conference, reconciliation service, supper, and Liturgy.

Arrival: 4:30 p.m. **Departure:8:00 p.m.**
Presenter: Rev. Edward Griswald **Cost:\$15**

Arrival: 9:30 a.m. **Departure:3:00 p.m.**
Presenters: Barbara Santillo **Cost:\$35**

MAY

14 - 20 "COME TO THE WATER..."

Directed/Private Retreat: These days have been set aside for persons seriously desiring to make a directed or private retreat by the ocean in a silent atmosphere. Please indicate the desired type of retreat when registering. Supper will be served at 5:30 pm.

Arrival: 4:00 p.m. **Departure: 10:00 a.m.**
Directors: Staff and Visiting Directors **Cost: \$325**

JULY

5 - 11 SISTERS' SILENT RETREAT: PRIVATE OR DIRECTED

Arrival: 10 - 11:00 a.m. **Departure:10:00 a.m.**
Staff and Visiting Directors **Cost:\$325**

N.B. OUR RETREAT PROGRAM ENDS ON JULY 11TH AND RESUMES ON SEPTEMBER 4, 2007. THERE ARE NO RETREATS OFFERED TO THE PUBLIC IN THE SUMMER

Optional Service

Care Through Touch Ministry
will be offered by
Sr. Rosemarie Sommers, MSC,
throughout the year.
Call the office
for more information.

2-4 LENTEN QUIET WEEKEND

This weekend is intended for those desiring quiet and contemplation during this Lenten Season. The beauty of the ocean at the Jersey Shore facilitates this experience.

Arrival: 7:00 p.m. **Departure: 1:00 p.m.**
Presenter: Staff **Cost:\$160**

8 LENTEN EVENING OF PRAYER

During this season of Lent, come and spend some quiet time reflecting on the mysteries of our Redemption. A light supper will be provided.

Arrival: 5:00 p.m. **Departure: 8:30 p.m.**
Presenter: Rev. Anthony DiPalma **Cost: \$15**

16-18 RETREAT FOR WOMEN IN AA/ALNON II

In an atmosphere of quiet, this retreat weekend will offer conferences, faith-sharing, time for reflections and prayer experiences aimed at facilitating the retreatant's conscious contact with God.

Arrival: 7:00 p.m. **Departure: 1:00 p.m.**
Sr. Brunilda Ramos, MPF **Cost:\$165**

19 HONORING SAINT JOSEPH

In honor of our patron St. Joseph, the staff cordially invites you to join us at Liturgy as we anticipate this special day. We will pray for peace and healing for ourselves and for our world. Please call to register by March 14.

Arrival: 1:30 p.m. **Departure: 3:00 p.m.**
Presenter: Staff **Donation**

21 WELLNESS DAY... (NEW)

for Caregivers and Health Care Professionals whose own well-being is often compromised unintentionally and unknowingly. Depleting our personal energy affects both our physical and spiritual health. Come and learn how to develop the concept of well-being in your life. This workshop will utilize an integrative and interactive approach. Participants will be given tools and will learn creative, simple proven techniques to incorporate into daily life: Yoga, breath work and meditation.

Time: 9:30 a.m. - 2:00 p.m. **Cost:\$30**
Presenter: Teresa Palmer, MSN, R.N., APNC, CYT

OUR MISSION:

St. Lucy Filippini, the foundress of the Religious Teachers Filippini, dedicated her life to education, particularly among women. She founded schools of Christiana doctrine, gave Spiritual Exercises to women preparing for marriage and taught the Word of God through instruction and retreat experiences. Lucy made every effort to spread the Word of God to everyone. She was a contemplative in action: all her actions stemmed from her union with God.

It is this spirit that the Religious Teachers Filippini en flesh at Saint Joseph by the Sea. It is our aim to provide the atmosphere and means for the individual who comes here to "Let the Word of Christ, rich as it is, dwell in you" (Col.3:16). Having experienced quiet and solitude, one goes forward renewed and refreshed to incarnate God's love and Word.

Staff

Frances Lauretti, MPF, Director
Brunilda Ramos, MPF
Barbara Ranere, MPF
Rev. Anthony DiPalma
Pat Stephens

Visiting Directors

Helen Bolil
Geraldine Contento, MPF
Jane Feltz, MPF
Judy Garbaccio, MMS
Msgr. John P. O'Connor