

a Weekend With
JULIAN
OF NORWICH

MODERN MYSTIC



May 29 – 31, 2009

Friday, 6:00 p.m. – Sunday, 2:00 p.m.

Presented By
Lynne Larson
and
Phil Stone

Shalom House
15340 Robert Terrell Road
Mailing Address: P.O. Box 196
Montpelier, Virginia 23192-0196

And then our good Lord opened my spiritual eye,
and showed me my soul in the midst of my heart.
The place which Jesus takes in our soul
he will nevermore vacate,
for in us is his home of homes
and his everlasting dwelling.

Showings, Chapter 68

Meet Julian of Norwich

Born: 1342
Occupation: anchoress, St. Julian's Church, Norwich, England
Name: Unknown
Education: Unknown
Date of Death: Unknown (c. 1416)
Achievements: First Woman to Write in the English Language; Mystic

In May 1373, when she was 30 years old and near death from a grave malady, the woman known as Julian experienced sixteen visions or "showings" of Christ's passion and the nature of divine love. During this weekend together, we will explore and reflect on Julian's themes of God's compassion and love:

- our source of everlasting empowerment and nurturing through the Trinity
- our interconnectedness with all creation and our inseparable union with the divine
- God's love and delight in us and his wish for our delight and love in him
- the assurance that all will be well, even in the face of difficulties and despair

*"There can be no doubt that Julian is the
greatest of the English mystics."*

Thomas Merton



Lynne Larson, M.A., discovered Julian of Norwich while on retreat over twenty years ago and ever since has looked to the *Showings* for spiritual nourishment. Dream interpretation has been her special interest for over thirty years, during which she has studied thousands of dreams. She teaches and conducts dream workshops and works with individuals privately. She also sponsors contemplative prayer retreats and is active in a Virginia Beach centering prayer group. Her website is thejoyofdreaming.com.



Phil Stone is an MBA and engineer who found his true calling promoting retreats and opportunities for spiritual growth. A graduate of The Shalem Institute's Leading Contemplative Retreats Program, Phil is a contemplative prayer group and retreat leader. Phil is the creator of Findthedivine.com, an online directory of retreat centers.

About Shalom House

Shalom House is located in rural western Hanover County, Virginia. The serene, pastoral setting includes one hundred acres of woods and farmland with a three-acre pond and walking/meditation trail, as well as the Stations of the Cross and a prayer labyrinth. Owned by the Catholic Diocese of Richmond Shalom can accommodate up to 32 guests in two lodges.

Cost and Room Arrangements

The cost for the retreat is \$180.00 per person for a double occupancy room. Four single rooms are available on a first come-first served basis for \$230.00 each. Meals and accommodations are included in the fee. Every effort will be made to accommodate your roommate choice.

Schedule

Our weekend will begin with arrival on Friday evening between 3:00 and 5:00 p.m., followed by dinner at 6:00 p.m. The weekend ends after lunch on Sunday. The weekend schedule will include:

- ✍ Time for quiet and rest
- ✍ Opportunities for questions/sharing
- ✍ Liturgy in Ashland on Saturday evening (optional)



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P.O. Box 196
Montpelier, Virginia 23192-0196
804-883-6149

Catherine Cawley, Director
e-mail: ccawley@richmonddiocese.org

**Julian of Norwich Retreat
May 29 – 31, 2009
Registration Form**

Name

Address

City

State

Zip Code

Home Phone

Work Phone

E-mail

Reservations are required. Non-refundable deposit: \$60.00

Please indicate your preference:

Double Room - \$180.00 _____ Single Room \$230 _____ (Four single rooms are available.)

Special Commuter Rate (Meals included; without overnight stay) \$125.00 _____

I need a handicap-accessible room. Yes _____ No _____

I want to request _____ as my roommate.

For more information contact Cathy Cawley at ccawley@richmonddiocese.org or 804-883-6149.

Make checks out to: Shalom House

Mail registration form and check to:

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